

# SPRAY TANS

PREPERATION &  
AFTERCARE

## PREPERATION



### Days Before:

**Exfoliate your skin for at least 2 days prior to your appointment.**

**Get any other appointments done (hair, nails, wax, etc) at least 2 days prior to your appointment.**

### Day Of:

**Do not wear any perfume, lotion, deodorant, makeup, or jewelry to your appointment.**

**Fill out any Spray Tan paperwork sent to you before your appointment.**

## Spray Tan Tips

Avoid Dove soaps and body washes while you have a spray tan.

DO NOT have the day of your appointment.  
Applying lotion 2x a day will help the longevity of your tan.

Avoid spraying perfume on your skin for at least 2 days.

Do not use any facial peels / abrasive treatments while you have a spray tan.

Avoid chlorinated pools & hot tubs.

Avoid hot/steamy showers.

Always use SPF.

## What to Bring

Dark, Loose Clothing

Hair Tie / Headband

Undergarments (*we do provide disposable undergarments for you!*)

## Have more questions?

Call us! 989-732-5088



# SPRAY TANS

PREPERATION &  
AFTERCARE

## AFTERCARE

### Before You Rinse:

- Do not get wet for 1-8 hours after your appointment.**
- Do not put any tight or restricting clothing.**
- Avoid sweating or working out.**

### Rinsing:

- Refer to the rinse time by your technician on your pamphlet.**
- Take a 30 second rinse off shower using lukewarm water.**
- Do not use any soaps / scrubs.**
- Pat your skin dry for the duration of your spray tan.**
- Never rub.**

### Aftercare:

- Apply a lotion/moisturizer at least twice a day.**
- Apply perfume to your clothing, not your skin.**
- Avoid any exfoliants or harsh scrubbing of the skin.**
- Drink lots of water. Stay super hydrated!**

### Mood Boost Options:

- SPRAY TAN
- SPRAY TAN
- SPRAY TAN



 **STAY GOLDEN**

Have more questions?

Call us! 989-732-5088